PSHE (incl RSHE) Long term Plan

Coram SCARF

	Autumn 1 Me and my Relationships	Autumn 2 Rights and Respect	Spring 1 Being my Best	Spring 2 Valuing Differences	Summer 1 Growing and Changing	Summer 2 Keeping Safe
EYFS	What makes me special People close to me Getting help	Looking after things: friends, environment, money	Keeping by body healthy – food, exercise, sleep Growth Mindset	Similarities & difference Celebrating difference Showing kindness	Cycles Life stages Girls & boys – similarities & difference	Keeping my body safe Safe secrets & touches People who help to keep us safe
Y1	Feelings Getting help Classroom rules Special people Being a good friend **Design a Toy Natwest FE**	Taking care of things: Myself **My money FE Scarf** My environment	Growth Mindset Healthy eating Hygiene & health Cooperation **Spend Save or Give Natwest FE**	Recognising, valuing & celebrating difference Developing respect & accepting others Bullying & getting help **Ways to make money-Natwest FE**	Getting help Becoming independent My body parts Taking care of self & others. **Saving for emergencies-Natwest FE**	How our feelings can keep us safe – inc. online safety Safe & unsafe touches Medicine Safety Sleep **Halima's money-Natwest FE**
Y2	Bullying & teasing Our school rules about bullying Being a good friend Feelings/self-regulation **Setting goals Natwest FE**	Cooperation Self-regulation Online safety **Orignes of money-Natwest FE**	Growth Mindset Looking after my body Hygiene & health Exercise & sleep Mac gets a hamster-**Natwest FE**	Being kind & helping others Celebrating difference People who help us Listening Skills **Fundraising for a cause-FE Natwest**	Life cycles Dealing with loss Being supportive Growing & changing Privacy **Spend or Save FE-Natwest**	Safe & unsafe secrets Appropriate touch Medicine safety **Money Keeper-Natwest FE**
Y3	Cooperation Online rules & restrictions Online behaviours Friendship (respectful relationships) Coping with loss **What do you value most? Natwest FE**	Helping & being helped Looking after the environment **Managing money** Developing Critical Thinking	Keeping myself healthy & well Celebrating & developing my skills Developing empathy **How banks work- FE-Natwest**	Recognising & respecting diversity Being respectful & tolerant My community Bullying incl online. **Shopping Dash-FE Natwest**	Changing bodies & puberty Keeping safe Safe & unsafe secrets Relationships, inc.online **Choices Saving Money-FE Natwest**	Managing risk Decision-making skills Drugs & their risks Staying safe online Digital literacy **Money and Feelings-Natwest FE**
Y4	Healthy relationships Listening to feelings Bullying Assertive skills **Sharing inspiration-Natwest FE**	Making a difference (different ways of helping others or the environment) Media Influence & Digital Influence **Decisions about spending money**	Having choices & making decisions about my health Taking care of my environment My skills & interests Credit or Debit-**Natwest FE**	Recognising & celebrating difference (inc. religions & cultural difference) Understanding & challenging stereotypes **Challenge Charity-Natwest FE**	Body changes during puberty Managing difficult feelings Relationships inc. marriage **Challenge climate savers- Natwest FE**	Managing risk, Incl online Understanding the norms of drug use (cigarette & alcohol use) Influences Online safety and behaviours **Managing Money Worries-Natwest FE**

*Year 6- Will swap their final two topics and therefore Growing and Changing will be in the final half term.

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Y5	Feelings Friendship skills, inc. compromise Assertive skills Cooperation Recognising emotional needs. **Celebrating Success Natwest-FE**	My health rights, respect & duties Making a difference **Decisions about lending, borrowing & spending** Artificial Intelligence Media manipulation	Growing independence & taking ownership Keeping myself healthy Media awareness & safety My community Smoothie Shop-Natwest FE	Recognising & celebrating difference, inc. religions & cultural Critical digital awareness Online bullying and self-esteem. Invent and Present- **Natwest FE**	Managing difficult feelings Managing change How my feelings help keeping safe Getting help **Money Choices-Natwest FE**	Online safety Bullying inc online Norms around use of legal drugs (tobacco, alcohol). Decision-making skills **Fraud Explained/Avoiding Fraud-Natwest FE**
Y6	Assertiveness Cooperation Safe/unsafe touches Positive relationships **Recognising achievements and setting goals-Natwest-FE**	Understanding media bias Digital critical thinking Caring: communities & the environment. **Earning & saving money-Scarf FE** Understanding democracy	Aspirations Managing risk Looking after wellbeing Digital literacy & critical thinking skills. **Party Planning-Natwest FE**	Recognising and celebrating difference. Recognising and reflecting on prejudice-based bullying. Bystander Behaviour Gender Stereotyping **Young Entrepreneurs Natwest FE**	Coping with changes Keeping safe inc. online AI/ deep fakes Body Image Sex education * Self-esteem **Tracking Money-Natwest FE**	Understanding emotional needs Staying safe online Digital footprint Drugs: norms & risks (inc. the law) * **Scam Support- FE**

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